# Medical Tourism Philippines





## **Medical Tourism in the Philippines**

Mabuhay! The Philippines welcomes you to its 7,107 islands of wellness and healing. With government institutions and private sector partners continuing to develop and promote the country's medical travel and tourism industry, the Philippines has made great strides in globally positioning the country as the heart of Asia, combining modern technology and international standards in healthcare with Philippine culture and tradition, highlighting the warmth of the Filipino people.

Significant investments by medical tourism industry players in cutting-edge medical technology and healthcare facilities have provided the needed boost to the country's health sector. ISO certification is a standard, and more hospitals and clinics have secured international accreditation from prestigious bodies like the Joint Commission International (JCI), Accreditation Canada (ACI), and UK Trent. This has contributed to elevating the country's status as a premiere destination for international medical travel and wellness tourism.

The Philippines' crowning glory is its human resources. Filipino medical, surgical, and dental specialists, nurses and allied health professionals serve in many countries around the world. Their services are highly regarded as they are known to combine their competence,

expertise, English proficiency and training with their warm, culturally sensitive, compassionate and caring nature, offering a brand of service that is distinctly Filipino.

The Philippines has a number of medical travel facilitators accredited by the Department of Tourism. The healthcare providers offer varying levels of concierge services, either directly or through tie-ups with travel agencies and other support services. These globally competitive customer service efforts, essential to the customer care continuum and experience, are delivered by well-trained and educated frontliners who have only the patients' interests at heart.

Its key centers of excellence have a clear price advantage in many medical and surgical procedures, most especially in aesthetics (including dental services), cardiology, executive checkups, minimally invasive surgery, ophthalmology and orthopedics. With internationally accredited healthcare facilities offering attractive packages, there are a myriad of options for medical travelers and tourists alike. The Philippines is well on its way to charting its path as a medical tourism jewel in Asia. We invite you to experience our 7,107 islands of wellness and healing, and discover why it is indeed more fun in the Philippines!

Value for Money Destination



Highly Skilled,
Culturally Sensitive,
Caring and
Compassionate
Medical
Practitioners



Cutting-edge
Technology
&
World-class
Healthcare
Facilities



English
Proficient
Healthcare
Workers



Ultimate
Destination for
Fun Get-aways
and
Quiet Retreats

## Why the Philippines is More Fun for Wellness and Healing

Heartfelt Hospitality. At the core of the Philippines' brand of healthcare is the warmth, openness, sincere compassion and cheerfulness of its people. Filipino health practitioners are experts not only at making sure that medical needs are met, but also at going the extra mile to care for their patients, an attitude that is deeply rooted in its culture and tradition.

Value for Money. The Philippines is a value-for-money destination, with medical treatment rates known to be more than 50% lower than costs in the United States and Europe.

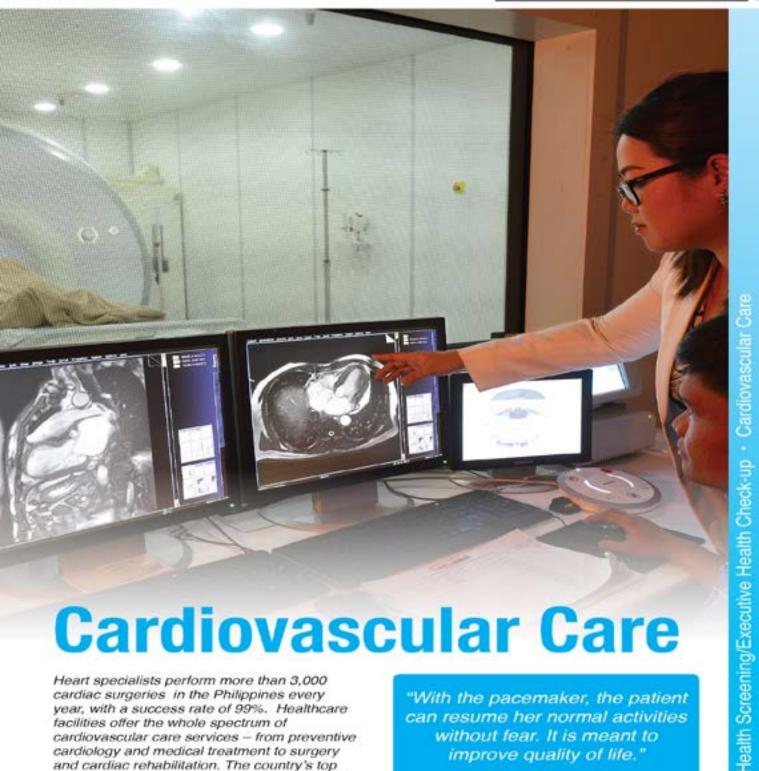
Treatments offered by leading healthcare providers are at par with the world's most prestigious medical hubs. Health professionals do not just offer their expertise and interventions – they spend quality time with their patients. It is this kind of patient care, sought after globally, that brings about holistic healing.

Competent, Culturally Sensitive, Caring and Compassionate. The country's health professionals are highly-skilled and culturally sensitive – from doctors and dentists to nurses and caregivers. This is why Filipino health practitioners are among the most sought-after globally. Many Filipino doctors have received the best medical education from top institutions in the world – USA, Europe, and Australia. They have undergone rigid and extensive specialty and sub-specialty training, and are duly-licensed or certified in the Philippines and even internationally. Exposed to years of experience in various settings, Filipino health professionals are equipped to address a range of health needs and are motivated to foster full recovery. Concierge services are available to help put together tailor-made health holidays and wellness packages for the most discerning of medical travellers and tourists. Services include liaising with healthcare providers, arranging accommodation and transportation requirements, and putting together post treatment get-aways in the Philippines, from fun activities to quiet retreats to complete the wellness and healing process. World-Class Facilities. In the Philippines, the leading hospitals are internationally accredited by the Joint Commission International (JCI), Accreditation Canada (ACI), UK Trent and several other prestigious accreditation bodies. State-of-the-art facilities and cutting-edge diagnostic and treatment devices, combined with Filipino doctors' technical skills and intuitiveness, guarantee excellent healthcare delivery with emphasis on patient safety and quality of care. Ease of Communication. Communication between patients and health providers is the cornerstone of healthcare delivery. As the world's third largest English-speaking nation, communication is never a problem, in any given area in the Philippines. There are no barriers to conveying health needs and receiving salient information, from the time a medical tourist arrives in the country until the time he or she is ready to make the journey home. Coordinating the various aspects of a medical journey is easy and stress-free.

Healthcare on Demand. In the Philippines, medical care is available on demand. With less time spent waiting for medical treatment, there is more time for healing and recuperation and a faster road to recovery.

Ultimate Holiday Destination for Rest, Recreation and Reinvigoration. The healing of the spirit is as important to the well-being of a patient as is the healing of the body. This is where the Philippines reigns supreme. Its 7,107 tropical islands offer endless possibilities for unique health holidays and fun travel experiences that clear the mind, reinvigorate the body, and uplift the spirit: from great shopping and superb entertainment to delightful beach retreats; refreshing island-hopping adventures to charming cultural encounters; experiencing wellness zones to delectable food trips all accompanied with the nurturing nature of the healthcare professionals and the friendliness of the locals.

With the beautiful scenery, world class facilities, value for money packages, and the warm hospitality of the Filipinos, we invite you to visit the Philippines again and again. The Philippines is ready to welcome you to the heart of Asia. Let the wellness adventure and the journey to healing begin.



### **Cardiovascular Care**

Heart specialists perform more than 3,000 cardiac surgeries in the Philippines every year, with a success rate of 99%. Healthcare facilities offer the whole spectrum of cardiovascular care services - from preventive cardiology and medical treatment to surgery and cardiac rehabilitation. The country's top cardiologists, intensivists, and cardiovascular surgeons, supported by multidisciplinary teams of nurses, therapists, and other health professionals, conduct the following procedures regularly: Coronary Artery Bypass Graft (CABG) surgery; heart valve replacement; permanent pacemaker insertion; patent ductus arteriosus (PDA) closure; and coronary angiography. With patients under the care of Filipino heart surgeons and rehab doctors, one could have the certainty of a shift to an early recovery from a heart ailment.

"With the pacemaker, the patient can resume her normal activities without fear. It is meant to improve quality of life."

Dr. Luigi Segundo Cardiac Rythym Specialist The Medical City Philippines

**Minimally Invasive** Surgery

Thanks to the latest in medical technology, surgical procedures are now less invasive and can be done with minimal hospital stays, ensuring faster recovery time for the patient. Outstanding Filipino surgeons, many of whom have been trained in the USA and Europe, are capable of performing minimally invasive surgery techniques, from laparoscopic gastric bypass, to endoscopic thoracic sympathectomy to cure hyperhidrosis (excessive sweating).

"I think that's the best thing robotic surgery is offering us - the promise of having more time to spend and enjoy with loved ones."

Dr. Rebecca Singson St. Luke's Medical Center MIS / Robotic Surgery Specialist Philippines



## **Orthopedic Care**

A pool of experienced doctors in the field, half of them from JCI-accredited hospitals, trained with the use of a novel instrumentation. Doctors, skilled in the use of this device, would prevent a misaligned knee from being revised in 3 to 5 years. A good TKR or total knee replacement can last up to 20 to 25 years. TKR is one of the most expensive procedures (total annual cost) in the US.

Experience and excellence are trademarks of internationally-recognized orthopaedic programs in the Philippines. Our highly-skilled orthopedic surgeons, nurses, and therapists render high quality bone and joint surgical procedures such as anterior cruciate ligament (ACL) repair, arthroscopic surgery (knee, shoulder), total knee replacement, total hip replacement, spine surgery, carpal tunnel release, and open or closed reduction (ankle, forearm, etc.).

"Trust the Filipino orthopedic doctors with perfectly-aligned knee implants. A good TKR or total knee replacement can last up to 20 to 25 years."

Mr. Jude Sasing
President
Orthopaedic International Inc.
Philippines



Minimally Invasive Surgery · Orthopedic Gare

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They say that beauty is in the eye of the beholder. In certain cases, it is also in the hands of interdisciplinary teams led by plastic and cosmetic surgeons. In the Philippines, aesthetic and wellness centers are now integrated in most of the tertiary hospitals, while a number of medical spas offer safe and non-invasive treatments. A wide selection

of procedures is available, including hair transplantation, eyelid surgery, eye bag removal, nose lift, face and neck lift, tummy tuck, breast augmentation or reduction, and liposuction to support the achievement of personal beauty goals.

The Philippines is also home to some of the world's leading dermatologists and skin care experts. Dermatological services include skin rejuvenation (tightening, contouring, resurfacing), sclerotherapy for varicose and spider veins; laser hair removal, scar revisions, acne treatment, dermabrasion, Botox treatment, among others.

"Australians look for health holidays when it comes to the Philippines. They save on dental costs and have a grand vacation!"

Founder
All About Asia
Australia

### Dental Care

Dental care in the Philippines is getting to be a leading medical tourism product. The country is a hub for comprehensive and highly specialized dental treatments at affordable costs. It also has a high standard of dental service and strict sterilization procedures, with ISO 9001:2000 certification.

A wide variety of procedures are available, such as simple or complicated tooth extraction, setting of dental implants, root canal therapy, peridontal treatment, partial and complete dentures, temporo-mandibular joint (TMJ) disorder dentistry, and cosmetic dentistry. With a little help from the country's dental care professionals, the perfect smile can be achieved.

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### **Eye Care**

Philippine hospitals, eye institutes, and specialty clinics offer the highest quality eye care to address various eye problems - from astigmatism and nearsightedness to cataract and presbyopia. Multidisciplinary teams composed of ophthalmologists, optometrists, nurses, and counselors are ready to provide personalized eye care and perform procedures such as phacoemulsification, intraocular lens implant, refractive surgery, retina and vitreous surgery, eye muscle correction, among others.

"I would definitely recommend the major hospitals in the Philippines to foreign tourists. I am well aware of the good service as my job takes me to hospitals all around the world."

Scotty Watson International Marketing Director **Emergency Airlift** New Zealand



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